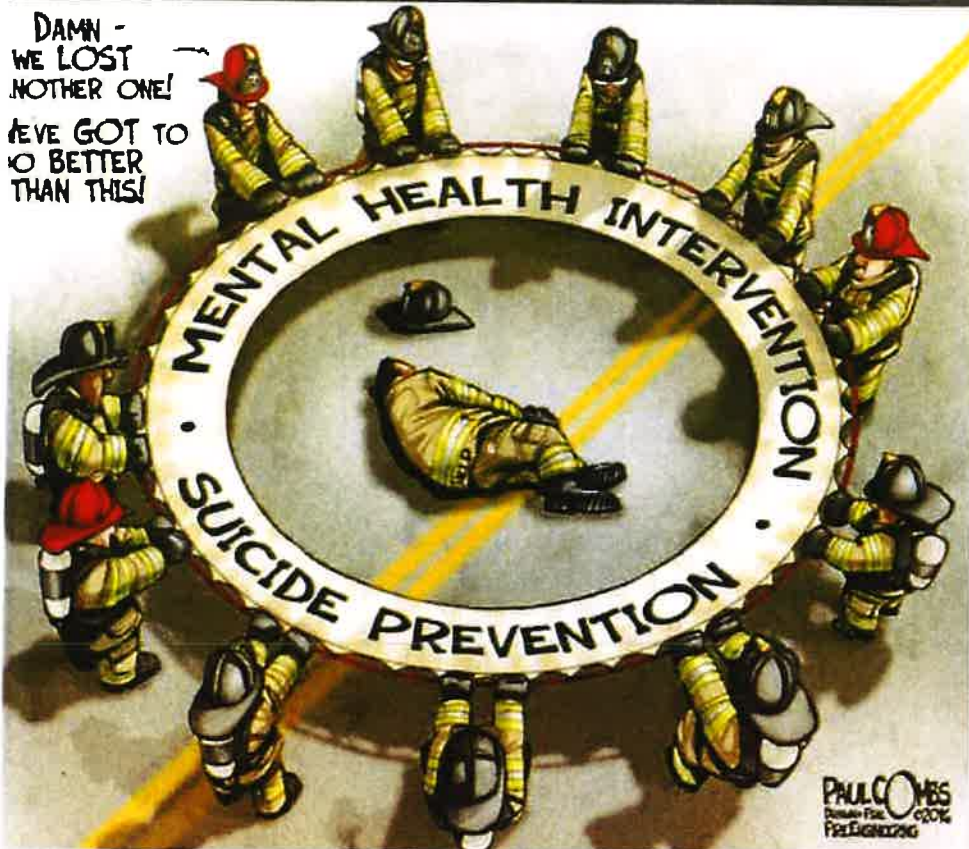


Fire/EMS Behavioral Health: THE PRICE WE PAY



With **Past Chief Mike Healy** (Central Nyack Fire Department)
& **Past Chief Jared Meeker** (Lake Shore Fire District)
FREE Workshop

DAMN -
WE LOST
NOTHER ONE!
WEVE GOT TO
DO BETTER
THAN THIS!



2022 Schedule:

- Albany County: 10/19
- Chenango County: 9/14
- Cortland County: 9/22
- Madison County: 9/13
- Monroe County: 10/11
- Nassau County: 9/27
- Orange County: 9/6
- Schenectady County: 9/15
- Steuben County: 11/21

Suffolk County: 10/13
West Babylon
Pre-registration preferred.

No Fee

This free three-hour workshop will deal with the behavioral health issues faced by firefighters and emergency medical services personnel. The mounting number of suicides, an increase in alcoholism and drug addiction, and post traumatic stress all need immediate attention. The workshop will provide an overview of the behavioral health problems that fire/EMS personnel experience. Students will learn about the skills necessary to recognize and help others who are struggling with mental health issues. Participants will gain an understanding of how to monitor the health of fellow firefighters and EMS providers in order to prevent the negative results that could have a long-lasting impact on their agencies, ultimately increasing retention and reducing burnout in first responders. As leaders, our number one responsibility is to keep our members safe, which includes keeping them safe from the effects of emotional trauma from the events we respond to.

Mike Healy has years of experience in this field and has assisted thousands of firefighters and EMS providers in getting the help necessary to lead the normal life of a first responder. Jared Meeker experienced a tragic event that triggered a landslide of emotions from many previous traumatic events. He is now able to share lessons learned to help others.

Sponsored by:

PERMA

Your Source for Solutions



Fire/EMS Behavioral Health: The Price We Pay

2022 Registration Form

Registrant Information

Name: _____ NYSAFC Member #: _____

Title: _____ Fire/EMS Agency: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____ Cell Phone: () _____

Additional Registrants (use a separate sheet if necessary):

Name: _____ NYSAFC Member #: _____ Title: _____

Name: _____ NYSAFC Member #: _____ Title: _____

Name: _____ NYSAFC Member #: _____ Title: _____

Workshop Information

Free three-hour workshop begins at 7:00 p.m. at all sites. Pre-registration preferred. Select a date/site below.

- September 6** **Orange** Winona Lake Engine Co. No. 2 • 160 South Plank Road • Newburgh, NY 12550
- September 13** **Madison** Madison County Training Center • 6850 Tuttle Road • Canastota, NY 13032
- September 14** **Chenango** Chenango County Office of Emergency Services • 279 County Road 46 • Norwich, NY 13815
- September 15** **Schenectady** Schenectady County Community College • Stockade Building • 75 Washington Avenue • Schenectady, NY 12305
- September 22** **Cortland** Cortland County Regional Training Center • 3577 Terrace Road • Cortland, NY 13045
- September 27** **Nassau** Floral Park Fire Department • 1 Floral Boulevard • Floral Park, NY 11001
- October 11** **Monroe** Monroe County Public Safety Training Facility • Room 117 A & B • 1190 Scottsville Road • Rochester, NY 14624
- October 13** **Suffolk** West Babylon Fire Department • 126 Arnold Avenue • West Babylon, NY 11704
- October 19** **Albany** Elsmere Fire Department • 15 Poplar Drive • Delmar, NY 12054
- November 21** **Steuben** Painted Post Fire Department • 261 Steuben Street • Painted Post, NY 14870

Submit Registration Form To:

New York State Association of Fire Chiefs • P.O. Box 328 • East Schodack, NY 12063
 Fax: (518) 477-4430 • Email: education@nysfirechiefs.com • Phone: (800) 676-FIRE • www.nysfirechiefs.com